



# Sample Weekly Menus

All students—\$0.00

You will be delivered all 7 Breakfast and Lunch—No substitutions or partial weeks

## Delivery

| Breakfast   | Lunch                              |
|---|------------------------------------|
| Cinnamon Bun Meal                                   | Cheese Burger with a Bun           |
| Lucky Charms Meal                                   | Chicken Patty with a Bun           |
| Pop Tart Meal                                       | Corn Dog                           |
| Coco Puffs Cereal Meal                              | Chicken Strips & Goldfish Crackers |
| Trix Cereal Meal                                    | Ham & Cheese Sandwich              |
| Assortment of fresh or frozen vegetables included   |                                    |
| Assortment of fresh, cupped fruit or juice included |                                    |
| All meals will include milk                         |                                    |

## Delivery

| Breakfast   | Lunch                              |
|---|------------------------------------|
| Cinnamon Bun Meal                                   | All Beef Hot Dog & Bun             |
| Lucky Charms Meal                                   | Turkey & Cheese Sandwich           |
| Pop Tart Meal                                       | Grilled Cheese Sandwich            |
| Coco Puffs Cereal Meal                              | Chicken Strips & Goldfish Crackers |
| Trix Cereal Meal                                    | Pancakes & Sausage                 |
| Assortment of fresh or frozen vegetables included   |                                    |
| Assortment of fresh, cupped fruit or juice included |                                    |
| All meals will include milk                         |                                    |

## Delivery

| Breakfast   | Lunch                                |
|---|--------------------------------------|
| Cinnamon Bun Meal                                   | Egg & Sausage on Bagel               |
| Lucky Charms Meal                                   | Ham & Cheese Sandwich                |
| Pop Tart Meal                                       | Cheeseburger with a Bun              |
| Coco Puffs Cereal Meal                              | Chicken Strips & Goldfish Crackers   |
| Trix Cereal Meal                                    | Mozzarella/Pepperoni On Torpedo Roll |
| Assortment of fresh or frozen vegetables included   |                                      |
| Assortment of fresh, cupped fruit or juice included |                                      |
| All meals will include milk                         |                                      |

## Delivery

| Breakfast   | Lunch                    |
|---|--------------------------|
| Cinnamon Bun Meal                                   | Can of Tuna with a Roll  |
| Lucky Charms Meal                                   | All Beef Hot Dog & Bun   |
| Pop Tart Meal                                       | Pizza Crunchers          |
| Coco Puffs Cereal Meal                              | Chicken Patty with a Bun |
| Trix Cereal Meal                                    | Turkey & Cheese Sandwich |
| Assortment of fresh or frozen vegetables included   |                          |
| Assortment of fresh, cupped fruit or juice included |                          |
| All meals will include milk                         |                          |

Follow this link to the Heat at Home Instructions.....[Heat at Home Link](#)

\*\*\*This is a sample menu. Specific items may change due to availability\*\*\*