

Shawnee Athletics quick links to play sports!

How do I get started?

You need to do the following:

1. Parents must register students online via the Genesis parent portal. →

Access the “forms” tab in your Genesis *parent* portal at <http://www.lrhdsd.org/genesisparentportal> and complete the online registration.

2. Submit a health physical. Have your child’s doctor complete the NJ State Yearly Health Physical form. →

Submit your child’s annual health physical form (completed by a physician) **as soon as possible**. **All physicals must be completed on this form:**
www.lrhdsd.org/healthphysical

3. Parents to complete/submit the Health History Update Questionnaire. →

www.lrhdsd.org/healthhistoryupdate

4. Pay the LRHSD Participation Fee. →

www.lrhdsd.org/shawneepayments
(Portal opens on/around August 1st)

Is a physical and update due?

Yes! Do this:

How do I know when my child’s health physical paperwork is due?

Annual physical exams must be dated no more than one year (365 days) prior to the first official day of the season. **(In other words, an exam cannot be more than a year old by the first practice day of the season!)**

How should I submit my child’s physical paperwork?

Please staple all pages together and attach the Health History Update if required (see below).

Where do I drop off my child’s physical?

Please drop off originals to the Shawnee Main Office to the attention of the **Athletic Trainer**.

Do I need to submit a Health History Update Questionnaire?

Is your child’s physical paperwork dated **more than 90** days prior to the season start date? **If yes, then you need to submit:** www.lrhdsd.org/healthhistoryupdate

How do I find?

Please Visit:

The Shawnee Athletics Website:

www.lrhdsd.org/ShawneeAthletics

The Shawnee Athletics Twitter Page:

<https://twitter.com/SHSRegenades>

A list of your Coaching Staff:

www.lrhdsd.org/ShawneeCoaches

Game Schedules:

www.lrhdsd.org/ShawneeGames

Incoming Students FAQ’s:

www.lrhdsd.org/ShawneeNewAthletes

How do I contact?

Please visit, email or call:

The Shawnee Athletics Office:

Ms. Doris Baratti: dbaratti@lrhdsd.org
Office Phone: 609-654-7544, Extension 440400

The Shawnee Athletic Trainers:

Mr. Kip Patterson: kippatterson@lrhdsd.org
Ms. Nicolette Montgomery: nmontgomery@lrhdsd.org
Office Phone: 609-654-7544, Extension 444700