

Lenape High School
Physical Education Department Student Contract

To help you successfully complete the Physical Education credit requirements, it is important that you familiarize yourself with the following information:

A. Class Preparation:

1. Use of the Locker Room:
 - a. Students are to be in the gym **prior** to the ringing of the late bell.
 - b. **No** food or drink should be brought into the gymnasium area.
 - c. Lockers are available for use during class periods only. A **lock is required** to secure clothing and valuables. It is **strongly recommended** that students use a combination lock to secure clothing and valuables. The school does not provide locks for students.
 - d. Only in-season athletes may maintain a locker assigned to them by their coach. **All other locks must be removed at the end of each period.** Failure to do so may result in your lock being cut.
 - e. Between the time the bell rings to designate the beginning and end of a class period, no student is allowed to leave the Physical Education area. After changing back to their school/street clothes, students may either stay in the locker room or in the gym area as designated by the teacher. Students may not be in the hall until the bell rings.
2. Physical Education Attire:
 - a. **Acceptable Attire Includes:** Athletic sneakers, athletic socks, solid color T-shirt, and athletic shorts or sweat pants.
 - b. **Unacceptable Attire Examples:** boots, shoes, shirts with buttons/zippers/collars/inappropriate slogans or images, cut-offs, shorts with loops, all types of jewelry and piercings, and clothing worn during that school day.

B. Safety:

1. All students are expected to adhere to safety rules and procedures as well as activity/game regulations.
2. While incidental body contact is sometimes unavoidable during some Physical Education activities, **willful, flagrant, and/or over aggressive contact will not be tolerated.**
 - a. **Consequences Will Include:**
 1. Student will be removed from the activity.
 2. A grade deduction equal to non-participation will be assessed (this can not be made up).
 3. A discipline record will be sent to the student's Assistant Principal.

C. Non-Participation in Class:

1. **ALL** absences from class **must be made up** by written "make up" reports. **It is the obligation of the student** to meet with their instructor either: a) prior to the beginning of a medical excuse or b) the day immediately following an absence from class to receive their assignments and due dates. Make up reports are due the following day after the missed class.
2. Acceptable Excuses:
 - a. Absence from school (requires a make up report).
 - b. A physician's note presented to the school nurse prior to the beginning of class (requires a make up report).

- c. Administrative requests and School Counselor scheduled appointments (after 1st one requires a make up report).
 - d. Field trips (does not require a make up report).
 - e. Rotating band lessons (1 per MP).
3. **Examples of Unacceptable Excuses (non-participation):**
- a. Failure to dress appropriately for activity (can make up only one “ND” or “0” per week).
 - b. Cutting class (**may not** be made up).
4. **ALL** absences from class **must be made up** by written “make up” reports. **It is the obligation of the student** to meet with their instructor either: a) prior to the beginning of a medical excuse or b) the day immediately following an absence from class to receive their assignments and due dates. Make up reports are due the following day after the missed class.

D. Grading Breakdown:

1. **Marking Period Grade:**

- a. **80% Preparation/Participation/Psychomotor:**
 - 1) -10 points for: non-participation/cutting/discipline (-5 preparation, -2.5 participation, -2.5 psychomotor).
 - 2) -5 points for: any acceptable excuse from class per day unless a report is completed (-2.5 participation and -2.5 psychomotor).
 - 3) -2 points for: safety infraction wearing jewelry/chewing gum/partial participation.
 - 4) +2 points for: extraordinary effort/cooperation.
 - 5) Lateness’s to class or squad lines – follow discipline code (disc. referral)
- b. **20% Cognitive Assessments:**
The average of two written quizzes (one for each activity unit)

2. **Final Grade:**

Each student’s Final Grade will be determined by the following formula:

1st MP - 80% Prep/Participation + 20% Cognitive Assessments.

2nd MP - 80% Prep/Participation + 20% Cognitive Assessments.

3. **Note:** Parents - If you would like to receive a copy of this student information sheet/contract, please view our website at <http://lrhsd.org/Domain/167>.

I have read and understand the above information. I realize that I am responsible for my own valuables. I need to provide my own combination lock to secure them during class and am expected to remove them at the end of the period. I am aware that failure to comply with this procedure could result in the theft of my valuables. Furthermore, Lenape High School and the Lenape Regional High School District will not be responsible for my loss of personal items if they are stolen.

Student Name (Print)	Student Signature
Parent Signature	
Teacher	Class
	Semester
	Date